



Baby care

Skin care for both face and body is done gently.

Face care

Ears, eyes and nose should be cleaned every day.

Face: use cotton and clear water, without soap, to clean off dust, traces of regurgitation... Use mineral water if mains water is too hard.

Use cotton balls and a light saline solution to clean baby's eyes, from the inside corner to outside edge, to prevent dust from entering his eyes. Use a fresh piece of cotton wool for each eye.

Nose: use the corner of a piece of cotton soaked in a light saline solution. Insert into the opening of the nose while twisting gently to remove any impurities and mucus. Repeat the operation several times a day if your baby has a runny nose.

For the ears: Do not use a cotton bud the first few months, even "special baby". Tuck the point of a piece of cotton in baby's ear and spin around gently, avoiding the auditory canal. Don't forget to clean behind the ears. If the latter are red or irritated, you can pat some antiseptic on with a piece of cotton wool.

Body care

Your baby's skin is very delicate. In the first few months, the daily application of cream on healthy skin should be avoided. However, if his skin is dry, the use of a cold cream or even a special cream for dry, atopic skin is preferable.

The little folds especially behind the knees, under arms and just above the foot, should be clean and dry. Apply a thick coat of cream massaging it in well. Remove any excess with a tissue.

Tips:

- Use the finest cotton possible, one that doesn't fluff.
- Prefer organic hypoallergenic creams.
- Wash your hands thoroughly before each skin care series.